

Kawartha Dental Anaesthesia Clinic

250 Reid Street, Peterborough, ON K9J 3R1
(705)743-1851 Fax (705)743-6602

INSTRUCTIONS FOR PATIENTS WHO WILL BE RECEIVING ORAL SEDATION

Before Your Appointment:

- All dental fees are payable on the day of treatment and current month dental cards **MUST** be provided
- If you are taking any medications, including over the counter medication, check with your family doctor for advice on dosage for the days/weeks leading up to your dental treatment.

Day of Procedure:

- **Nothing to eat 8 hours prior to appointment.** You may have clear fluids only (apple juice, water, ginger ale) up to **4 hours before** your procedure. **No orange juice, alcohol or milk.** Failing to do so, presents risks and the appointment will be cancelled.
- Unless otherwise advised, take your usual medicines at the regularly scheduled times with **a sip** of water.
- Contact us prior to your appointment if there has been a change in your general health (severe cold, fever etc.)
- A **responsible adult must accompany** you to and from the appointment via an **appropriate means of transportation.** City bus, cycling and/or walking home is **NOT** permitted.
- Make a visit to the washroom just prior to being seated.

Following Your Appointment:

- You may be drowsy for the remainder of the day and should be **resting at home** with a responsible adult. Avoid driving, operating machinery, consuming alcohol or signing any important or legal documents for at least 24 hours (or longer if dizziness persists).
- **Children must be watched** for the remainder of the day. If your child is sleeping in their car seat, ensure head is tilted back and **NOT** in the forward position.
- Replenish your energy by having something to **eat or drink as soon as possible.**
- Reduce normal activities. Notify your family doctor if you should experience tightness in the chest, difficulty with pain, breathing or temperature over 38.5C.

If you have any further questions, please contact our office @ 705-743-1851